

Lesson 5: Food dishes and Restaraunts (Готóвая едá и ресторáны)

In the previous lesson we learned the main ingredients. Let's look at some new words for food dishes and for the places where you can order food.

Food dishes (Готóвая едá)

When you come to a restaraunt, the waiter (**официáнт**) brings you a menu (**меню**), and you order a dish (**зака́зывать еду**). Usually, the menu contains the following sections: appetizers (**заку́ска**) which can be cold (**холóдная заку́ска**) or hot (**горя́чая заку́ска**), salads (**салáт**), soups (**суп** or **пéрвое блю́до**), entree (**основнóе блю́до** or **вторóе блю́до**), garnishes (**гарни́р**), and dessert (**десéрт**). After you finish your meal, the waiter will bring you a check (**счёт**) and you can tip him (**дать чаевы́е**).

Traditionally, a Russian appetizer is served to reduce the effects of alcoholic drinks, which is indicated in the Russian word (**заку́сывать**). Russian appetizers are mostly salty foods like salty cucumbers (**солёный огурéц**), salty herring (**солёная селёдка** or simply **селёдка**), salty mushrooms (**солёный гриб**), and **сáло** (guess what? Salty pork fat!) which is usually served with bread (**хлеб**). The famous Russian appetizer **холодéц**, however, is different. It's made of boiled meat (**варёное мясо**) covered with a layer of fat and served with two traditional Russian sauces: horseradish (**хрен**) or mustard (**горчи́ца**).

Salads in Russia are made of chopped (**ру́бленный**)... anything! You can use vegetables for salads, meat, fish, shrimps, cheese, and whatever you like. Many



Закуска (селёдка)



Салат

famous Russian salads have mayonnaise (**майонéз**) as dressing, for example, the well-known **салат оливье́**.

Soups are a traditional Russian favorite. You can see it now in the second name - первое блюдо (the first course).

Soup is generally bouillon (**бульо́н**) made of boiled meat or fish with the addition of vegetables and some other ingredients like pasta (**макаро́ны**). Most famous Russian soups are either shchi (**щи**) – cabbage soup with beef bouillon, borscht (**борщ**) – beet soup with beef bouillon, or fish soup called **уха́**.

The main course is usually fried (**жа́ренное мя́со**), grilled (**жа́ренное на угля́х мя́со**) or baked (**пече́ное мя́со**) meat; however, there are some Russian entrees that are boiled, for example, dumplings (**пельме́ни**). The favorite of all Russian grilled entrees is **шашлы́к** – which is basically grilled meat. Although there are some minor differences in cooking style, it's marinated (**марино́ванный**) in vinegar (**у́ксус**).



Суп (борщ)



Основное блюдо, жареное мя́со



Шашлык



Пельмени

Garnish is **гарнир**, which is basically anything you eat with the main course. It can be vegetables, pasta, or greens.

Desserts are sweet foods, which are often baked. In Russia, the word 'cake' has two main types: **торт** and **пиро́г**. Торт has several layers, while пиро́г has just one. Пиро́г can not only be a dessert, but can have any kind of filling you want! Пиро́г can be either open (**отры́тый пиро́г**) or covered (**закры́тый пиро́г**). There is пиро́г

with meat (**пирог с мясом**), with cabbage (**пирог с капустой**), with mushrooms (**пирог с грибами**), etc., and of course, with jam (**варенье**), honey (**мёд**), chocolate (**шоколад**), condensed milk (**сгущёное молоко** or **сгущёнка**), or cottage cheese (**творог**) as a dessert. The same goes with pancakes (**блин**), although tort is always sweet. Small cakes are called 'пирожное'.



Торт



Пирожное



Пирог



Блин

Eating out (Еда́ вне до́ма)

There are several places where you can eat out. The most expensive is a restaurant (**рестора́н**), although that's where you'll find the best cooks possible.

A cafe (**кафе́**) serves simpler food and drink than a restaurant.

A diner (**столо́вая**) offers a large variety of precooked and readily available dishes, commonly offering a buffet (**буфе́т** or **шве́дский стол**).

A bar (**бар**) offers drinks with some snacks (**лёгкая заку́ска**).

Some bars specialize in a specific type of food, like a sushi bar (**су́ши-бар**) where sushi (**су́ши**) is served, a pizzeria (**пицце́рия**) for pizza (**пи́цца**), or a **пельме́нная** that serves dumplings, etc.



Кафе



Буфет, шведский стол



Бар



Пиццерия

You can also buy food from a food stand (**ки́оск**) in the street, and if you want to get some good BBQ, you can go to the countryside, which is called 'по́ехать на шашлы́ки' or, like in English, you can also go have a picnic (**пикни́к**).

Each daily meal has a different name. Breakfast is **за́втрак**, which you have in the morning. You have lunch (**обе́д**) in the middle of the day, and you have dinner (**у́жин**) in the evening.

Упражнения по произношению (Pronunciation practice)

Гото́вая еда́, официа́нт, меню́, зака́зывать еду́, заку́ска, холо́дная заку́ска, горя́чая заку́ска, сала́т, суп, пе́рвое блю́до, основно́е блю́до, второ́е блю́до, гарни́р, десер́т, сче́т, дать чаево́е, заку́сывать, соле́ный огу́рец, соле́ная селе́дка, селе́дка, соле́ные гри́бы, са́ло, хлеб, варе́ное мя́со, хрен, горчи́ца, ру́бленный, майонез, салат оли́вье, бульо́н, макарóны, щи, борщ, уха́, жа́ренное, жа́ренное на угля́х, печёное, пельме́ни, шашлы́к, маринóванный, у́ксус, торт, пиро́г, отры́тый пиро́г, закры́тый пиро́г, пиро́г с мя́сом, варе́нье, ме́д, шокола́д, сгущёное молоко́, сгущёнка, блин, пиро́жное, еда́ вне до́ма, рестора́н, кафе́, столо́вая, буфе́т, шведе́ский стол, бар, лёгкая заку́ска, су́ши-бар, су́ши, пицце́рия, пи́цца, пельме́нная, ки́оск, по́ехать на шашлы́ки, пикни́к, за́втрак, обе́д, у́жин.

Quiz 1. At the Restaraunt

Fill in the blanks:

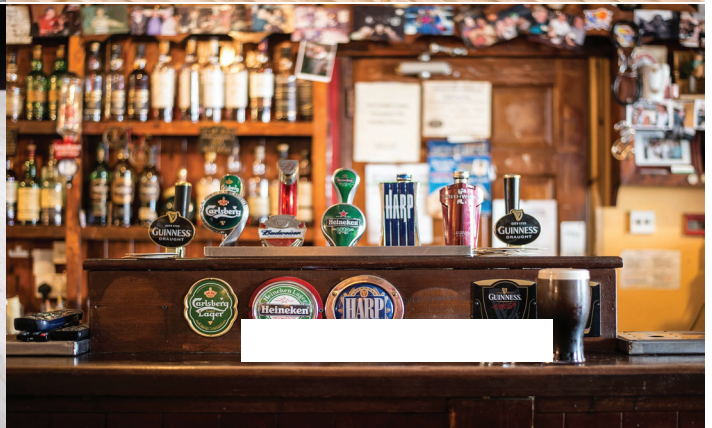
You want to try Russian cuisine, so you walk into a р_____ (restaraunt).
The о_____ (waiter) brings you a м_____ (menu). You would really love
to try the с_____ (herring) as a з_____ (appetizer), у_____ (fish soup)
as a п_____ б_____ (first course), ш_____ (grilled meat) as a
г_____ б_____ (main course) and some б_____ (pancakes) with
с_____ (condensed milk) for д_____ (dessert).

О_____ (the waiter) says they are out of several dishes, but he can offer you
с_____ (pork fat) with х_____ (bread) instead of herring, щ_____ instead of fish soup,
п_____ (dumpling) instead of boiled meat, and т_____ (cake) instead of pancakes.

Regardless, you are happy as you try Russian cuisine. You even о_____
ч_____ (give tips) for the waiter.

Quiz 2. Label each picture with the correct word

Пирожные, бар, горчица, пирог, шведский стол, суши, хлеб, пицца.





Quiz 3. Complete each sentence with the correct word

Холодец, кафе, суши-бар, счёт, поехать на шашлыки, хрен, завтрак, салат оливье, киоск, ужин, пирог с вареньем.

1. My friends and I are going to a _____ this Sunday.
2. This morning, I didn't have anything for _____.
3. Do want to go out for _____ with me tomorrow evening?
4. There were no restaraunts nearby, so I had lunch at a _____.
5. You really should try our best cold appetizer - _____ with _____, it is our specialty!
6. I bought this hot dog at the _____ on the street.
7. Let's go to a _____ to eat some sushi?
8. For dessert, I had _____.
9. Well, I was really pleased when the waiter brought us the _____ after we finished.
10. Of all of the salads I really love _____ the most.

Keys to Quiz 1. At the Restaraunt

You want to try Russian cuisine, so you walk into a ресторан (restaraunt). The официант (waiter) brings you a меню (menu). You would really love to try the селёдка (herring) as a закуска (starter), уха (fish soup) as a первое блюдо (first course), шашлык (grilled meat) as a главное блюдо (main course) and some блин (pancakes) with сгущёнка (condensed milk) for десерт (dessert).

Официант (the waiter) says they are out of several dishes, but he can offer you сало (pork fat) with хлеб (bread) instead of herring, щи instead of fish soup, пельмени (dumpling) instead of boiled meat, and торт (cake) instead of pancakes.

Regardless, you are happy as you try Russian cuisine. You even оставить чаевые (give tips) for the waiter.

Keys to Quiz 2. Label each picture with the correct word



Суши



Пирожное



Пицца



Бар



Пирог



Горчица



Шведский стол



Хлеб

Keys to Quiz 3. Complete each sentence with the correct word

1. My friends and I are going to поехать на шашлыки this Sunday.
2. This morning, I didn't have anything for завтрак.
3. Do you want to go out for ужин with me tomorrow evening?
4. There were no restaraunts nearby, so I had lunch at a кафе.
5. You really should try our best cold appetizer – холодец with хрен, it is our specialty!
6. I bought this hot dog at the киоск on the street.
7. Let's go to a суши-бар to eat some sushi?
8. For dessert, I had пирог с вареньем.
9. Well, I was really pleased when the waiter brought us the счёт after we finished.
10. Of all of the salads I really love салат оливье the most.